



Message from the President:

Fall Session. This session is always bitter sweet for me. It mean the end of summer, end of warm nights, end of summer vacations. But it also is a signal of beginnings. School is beginning, fall colours are beginning, and winter sports are beginning, in particular...winter skating is beginning.

Welcome to a new London Skating Club season. The gratitude for another season of skating goes to the hard working staff, coaches and volunteers (which includes your new Board of Directors). Each is like a leg on a stool...without any one of them pulling their weight the stool will lean or fall. The staff need to keep the office and music, to name but two, responsibilities moving forward, answering questions, processing registrations, ensuring the music disks and players are in working order, announcing solo's during practice and queuing up the music when needed. The coaches need to work with their skaters and each other, sharing experiences, helping to develop each seasons schedule, be responsible for the on-ice delivery of the LSC programs, encouraging each other to succeed and to continue to learn new skills. The Board needs to look out for the skaters best interest, oversee the administration of the club and ensure there are as many opportunities for the skaters to skate as physically and financially possible.

And you...the membership...whenever possible you can lend a hand. It can be just helping a skater tie their skate, working at a CanSkate table, or it could be working at a skating competition where the LSC to earn some of the profits to help keep the LSC costs down. On the LSC website, there is a place where you can send a note indicating a willingness to volunteer. THIS IS NOT A COMMITMENT. It is only a willingness. Rather than send a note to everyone, we are trying to only send volunteer opportunities to willing people. From time to time the Volunteer Coordinator will send an opportunity to the email group. If you have the time, you can respond indicating you can help. It is as simple as that. We may need stuffed animals for CanSkate, 30 minutes of help handing out information at a session you are at anyway, or four hours at a registration table at a local competition. Volunteering is very self re-warding. Try it...you will like it.

Welcome to the London Skating Club. Welcome to the Fall session. Welcome to a new beginning.

Stephen Komarnicky







# August 6<sup>th</sup> – Test Results:

#### Dance:

Nadya Derban, Jinha Lee – Baby Blues Laura Stewart – Swing

Abby Bilinski, Katie Edwards, Brooke Northey – Ten Fox

Danielle McDougall, Shayna Smith – European Waltz

Vanessa Tran – Rocker Foxtrot

Alex Desando, Brittaney Everitt, Haley Kriz – American Waltz

Cassandra Harris, Keanna MacDonald – Harris Tango

Jessica Wilson – Blues

Holly Bilinski – Kilian

Brooke Marshall – Paso Doble

Clarisse Fata – Quickstep

Alyssa Nicholls – Viennese Waltz

Kasey Farmer – Westminster Waltz

#### **Skating Skills:**

Laura Stewart – Preliminary Skills

MacKenzie Murray, Erin Tucker – Junior Bronze Skills

Kylie MacDonald, Brooke Marshall – Gold Skills

#### Free Skate:

Shayna Smith – Junior Bronze Elements & Program

Olivia Akena – Junior Bronze Elements

Clarisse Fata – Junior Silver Elements

Kinsey Greenfield, Courtney McMurter – Senior Silver Elements

#### Interpretives:

Kinsey Greenfield, Kelsey Valentine – Introductory

Kinsey Greenfield, Catherine McLean, Shari Spada, Kelsey Valentine - Bronze

\*\*Special congratulations are extended to Kasey Farmer on completing her gold dances. This now makes Kasey a triple gold medallist with Skate Canada. Congratulations also to first time gold Skate Canada receipients, Kylie MacDonald & Brooke Marshall who have completed their gold skating skills\*\*

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# 2<sup>nd</sup> Annual Synchronicity Boot Camp Was Another Success!!

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Boot Camp provided all the teams with the chance to bond and get an early start on their programs.

The days were long, consisting of early mornings, off-ice training and motivational speakers, but all in all,

The teams had a great time, and are looking forward to the competition season that lies ahead.



# Synchronicity Motivational Quote for the Season:

"Start by doing what is necessary, then what is possible, and suddenly you are doing the impossible."



# Saint Francis of Assisi

## **VOLUNTEERS ARE ALWAYS NEEDED!!**

Are you interested in giving some of your time to the London Skating Club to help out with on-going activities?

If so please log onto <u>www.londonskatingclub.com</u> and contact Elaine Desando, our volunteer co-coordinator. All you have to do is send a quick email and she will contact you back with regard to upcoming activities.

# SYNCHRONIZED SKATING GARAGE SALE WAS A SUCCESS!! "ONE PERSON'S JUNK IS ANOTHER PERSON'S TREASURE!"





The London Skating Club is holding an **Introduction to Synchronized Skating Team.** This program is 50 minutes per week and runs from October 2009 to March 2010. Skaters are taught the basic skills of synchronized skating, while improving their skating skills, learning how to work as a team, and having fun! Skate Canada registered skaters are welcome to comeout for a free session anytime throughout the season, with no obligation or cost.

When: Sundays from 1:15-2:05pm at Earl Nichols Arena.Cost: \$60.00 per month. This includes ice cost, coaching cost and dresses.Level of skating: The recommended level of skating is level 2 and above.

For more information, please contact: Jamie Oderkirk - jamieoderkirk@hotmail.com

UPCOMING EVENTS:	
Winter season begins	September 29, 2009
Synchronized Skating Dance	October 24, 2009
Synchronicity Kick-off	November 15, 2009
London Knight's Game	December 18, 2009
(featuring the Intermediate Synchro team during the first intermission)	
Fundraising Ticket stubs due	February 1, 2010
So You Think You Can Skate Show	March 27, 2010
(Thompson Arena, UWO)	
Winter season finishes	March 28, 2010
*more important calendar dates coming soon*	

## News from the Office:

The London Skating Club office is extremely busy at this time of the year, with the end of the summer program, beginning of the September (fall) program, and the winter program all going at the same time has made my time fly by. Thank you for your patience at this time of the year. I will do my best to ensure that all registration payments are processed for the winter season by mid-October!

## Fundraising:

The \$40.00 fundraising book or as the on-line registration states "WOS Contest Book", is the only fundraiser that we ask all members to participate in. A large portion of this fundraiser stays within the club itself and funds raised from the sale of tickets offsets the cost of ice for all skaters within the club. Many didn't fill in this portion on their on-line forms, or handwritten forms. During October I'll be distributing forms to all those who didn't participate to get another chance and support your skater at the London Skating Club. We were fortunate a few years back and the winner of the car was from our club. Thank you in advance for your support not only for your own child, but also for all members of the London Skating Club.

## Year End Show (Carnival):

Saturday, March 27, 2010, Thompson Arena, UWO, is the date set for our Year End Show & Silent Auction. This year's show "So You Think You Can Skate London," proves to be a night to remember. Keep your eyes and ears open, as important sign up information will be coming within the next couple of weeks. Once again a portion of the proceeds will go to Jesse's Journey and the London & Region Chapter of Muscular Dystrophy Canada. Don't miss out on getting registered to participate in this fun event and stay tuned for information on ticket sales too! Auction items and volunteers will be required for this event as well<sup>©</sup>

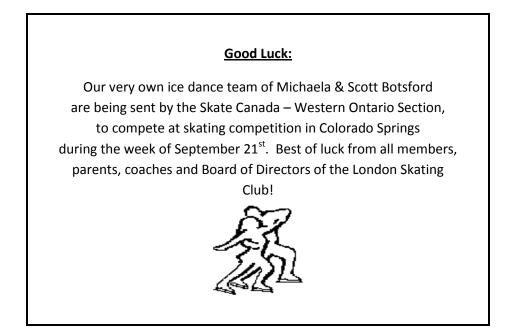


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### **Cancellations:**

Check the London Skating Club website regularly for cancellations. A list of cancellations will be available soon at: <u>www.londonskatingclub.com</u> Also don't forget to check the London Skating Club bulletin board at Nichols Arena near the concession stand.

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## **Coaches Corner:**

Congratulations to Amanda Eccles (Supervising Coach CanSkate), Jay and big brother Preston on their new addition to the family. Ayden was born weighing a whopping 10 lbs!

Congratulations once again to Tammy Horton (Arm) and her husband Dane on their recent marriage at the end of August.

If you ever require anything from the office, please feel free to contact me, Kelly Farmer, Administrative & Promotions Coordinator, 519-681-2640 or e-mail: londonsc@execulink.com